



NATIONAL FAMILY CAREGIVERS ASSOCIATION

**SpeakUp!**

National Family Caregivers Month

National Family Caregivers Month is proclaimed every November as a time to thank, support, educate and empower everyone providing care to loved ones with chronic ailments, disabilities or the frailties of old age.

A FREE National Teleclass/Webinar for Family Caregivers  
Safe & Sound: How to Prevent Medication Mishaps

Thursday, November 12, 2009  
2:00 - 3:00 PM Eastern Time

You can participate either by telephone or on-line

For More Information

Email: [Teleclass@thefamilycaregiver.org](mailto:Teleclass@thefamilycaregiver.org)  
or call: 1-800-896-3650

*You Will Get Answers to These Questions:*

- Why should I learn how to prevent medication errors and events
- When are medication problems most likely to occur
- What can I do to minimize risks associated with medications
- How can I help my loved one be more adherent to medication regimens
- How can I prevent medication problems at the hospital
- How can I prevent medication problems at the doctor's office
- How can I use my community pharmacist as a resource

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